County Records

Female Senior Long Course Records
September 2026

Freestyle

50m	Jessica Jackson	PRCSC	26.09	Jan	2017	Luton
100m	Jessica Jackson	PRCSC	55.09	Jan	2017	Luton
200m	Jessica Jackson	PRCSC	2:01.88	Feb	2017	Luton
400m	Chantal Smith	TLSC	4:27.73	May	2017	Luton
800m	Talia Staines	TLSC	9:09.25	July	2024	Sheffield
1500m	Celyn Walmsley	TLSC	17:36.51	Jan	2020	Luton

Backstroke

50m	Abigail Davis	BSS	29.91	Aug	2026	Sheffield
100m	Lexie Sandiford	PRCSC	1:04.98	July	2026	Sheffield
200m	Jessica Medlicott	DSC	2:23.33	July	2026	Sheffield

Breaststroke

50m	Emily Ridout	DSC	33.02	May	2015	Cardiff
100m	Emily Ridout	DSC	1:11.95	Apr	2015	London AC
200m	Lucy Buckingham	PRCSC	2:42.29	Mar	2022	Bristol

Butterfly

50m	Eloise Cole	MSC	27.87	July	2023	Sheffield
100m	Eloise Cole	BSS	1:03.13	Mar	2024	Sheffield
200m	Abigail Gee	TLSC	2:20.17	Aug	2015	Sheffield

Individual Medley

200m	Jessica Medlicott	DSC	2:23.14	Aug	2026	Sheffield
400m	Celyn Walmsley	TLSC	5:05.88	Jul	2018	Sheffield