

## County Records

### Open/Male Senior Short Course Records December 2025

#### Freestyle

50m	Matthew Wright	TLSC	22.50	Nov 2025	Luton
100m	Matthew Wright	TLSC	49.41	Nov 2023	Luton
200m	Jack Hill	LCSC	1:51.87	June 2024	Hatfield
400m	Sean Downey	TLSC	4:02.15	Mar 2005	Biggleswade
800m	Caleb Hughes	BWSC	8:21.71	Mar 2010	Biggleswade
1500m	Paul Bavister	TLSC	15:32.26	Dec 1992	Southampton

#### Backstroke

50m	Matthew Wright	TLSC	25.61	Nov 2024	Luton
100m	Matthew Wright	TLSC	54.89	Nov 2023	Luton
200m	Jack Hill	LCSC	2:02.37	July 2024	Luton

#### Breaststroke

50m	Lawrence Palmer	PRCSC	26.63	Dec 2021	Sheffield
100m	Lawrence Palmer	PRCSC	58.64	Dec 2019	Sheffield
200m	Lawrence Palmer	PRCSC	2:12.26	Nov 2015	Luton

#### Butterfly

50m	Matthew Wright	TLSC	24.53	Nov 2024	Luton
100m	Matthew Wright	TLSC	56.04	Nov 2022	Luton
200m	Matthew Wright	TLSC	2:03.99	Nov 2022	Luton

#### Individual Medley

100m	Brandon Nabarro	PRCSC	56.27	Dec 2018	Sheffield
200m	Brandon Nabarro	PRCSC	2:04.10	Sep 2016	Luton
400m	Paul Bavister	TLSC	4:32.26	Dec 1992	Southampton