

County Records

Female Senior Long Course Records September 2025

Freestyle

50m	Jessica Jackson	PRCSC	26.09	Jan 2017	Luton
100m	Jessica Jackson	PRCSC	55.09	Jan 2017	Luton
200m	Jessica Jackson	PRCSC	2:01.88	Feb 2017	Luton
400m	Chantal Smith	TLSC	4:27.73	May 2017	Luton
800m	Talia Staines	TLSC	9:09.25	July 2024	Sheffield
1500m	Celyn Walmsley	TLSC	17:36.51	Jan 2020	Luton

Backstroke

50m	Abigail Davis	BSS	30.39	Aug 2025	Sheffield
100m	Eloise Cole	BSS	1:05.34	Jan 2024	Luton
200m	Jessica Medicott	DSC	2:23.56	Feb 2025	Luton

Breaststroke

50m	Emily Ridout	DSC	33.02	May 2015	Cardiff
100m	Emily Ridout	DSC	1:11.95	Apr 2015	London AC
200m	Lucy Buckingham	PRCSC	2:42.29	Mar 2022	Bristol

Butterfly

50m	Eloise Cole	MSC	27.87	July 2023	Sheffield
100m	Eloise Cole	BSS	1:03.13	Mar 2024	Sheffield
200m	Abigail Gee	TLSC	2:20.17	Aug 2015	Sheffield

Individual Medley

200m	Jessica Medicott	DSC	2:23.34	May 2025	Norwich
400m	Celyn Walmsley	TLSC	5:05.88	Jul 2018	Sheffield